



**Welcome to Extreme Cheer Sensation
Information Guide
2017/2018**

Glitter –Prep ages 6-8

Stars – Prep ages 9-14

Chaos – ages 5-6

Knockouts – ages 6-8

Sparklers- ages 9-11

Fever –ages 12-14

Obsessions- ages 15-18

PLEASE READ THE HAND BOOK

Please read monthly news letters

Please read all Emails to the bottom ☺

Extreme Cheer Sensation ACTUAL WEBSITE

<http://www.cheersensation.com/>

Members tab for all the up to date information

NO QUESTIONS ARE EVER STUPID

Please ask someone if you have any questions or are not sure of something, you must filter through the following first!

- 1) Team Mom
- 2) Office staff
- 3) Team Coach
- 4) Tami

PLEASE JOIN

1. Jackrabbit

- a. Jackrabbit **FIRST TIME USE**- is accessed when you sign your athlete up for their first class. You register on cheersensation.com, find the team your athlete made and click the register button to the left...then they create password. Once you have registered on jackrabbit for the team you are in the system and can easily register for any other classes or camps.
- b. After you have an account you can access **Jackrabbit** from **HOME page** of cheersensation.com look for **ECS Customer Portal** (click on the it 😊)
 - is it easier to use a Computer or tablet to when registering on Cheersensation.com
 - jackrabbit is to sign up and register for the programs
 - follow monthly payments and to change payment

2. Facebook Groups

If you don't have Facebook it is highly recommended that you get an account as a lot of info is added there!

- Extreme Cheer Sensation
- Sensation Families 2017-18
- Your team Mom will let you know if your team has its own team Facebook Group

3. Team Snap (an app you can download on your phone)

Team moms send out updated info and great way to communicate as a group if you're not on Facebook

4. Team Moms

May Group text so please make sure they have the correct Cell # and also email address?

FUNDRAISING

(Watch on the Sensation Families 2017-2018 Facebook page for when these Fundraisers will start up)

Also all information will be under on <http://www.cheersensation.com/> Members Tab

Not mandatory but a great way to help with your monthly fees

- Booster Juice
- Kernels Popcorn
- Meat order
- Calendar (looking for donations to have weekly or monthly draws depending on how many donations)
- Bottle drives (must be done as a GYM not individually)

If you have any other ideas please let you team moms know

UNIFORMS

IF YOU NEED A NEW ONE IT MUST BE ORDERED BY Sept 15th

Glitter/Stars – the uniform is included in your fees (rental uniform must be returned to the gym after each performance)

Chaos is getting a new uniform this year! Must be ordered by **Sept 15th**

All other teams will be using last year's uniform (if your uniform fits from last year you wont owe any fees for a Uniform except if you lost or need a new uniform or bow)

- **Bows** (using the same bows as last year) \$25 Let your team Mom know if you need one and you can pay at the GYM for it.
- **White Runners** younger girls payless (\$20-\$25) has them, older girls you can choose from a 70\$ pair or 130\$ pair (That ECS will order for them) you are also welcome to order online your selves but ask your coach or Tami ahead of time if it is a proper shoe.
- **Jacket** (competitive teams) **using the same one as last year.** Order by Sept 15th
- **Practice tank or t-shirt and Bow** (competitive teams) – included in your registration fees Order by June 1st 2017
- **Practice Shorts** -Please wear all black shorts no logos if possible
- **Make up** (only for competitions and performances) you can purchase the glue and glitter at the Gym shop, (Lip stain, eye liner, eye shadow and mascara can be purchased at Walmart or Shoppers)

Used Swap and Buy / Bake Sale

We will be having a used swap and buy and Bake sale **Tuesday Aug 29th 6-7:30** at the Gym

If you would like to bake and bring something to sell for a bake sale for the Gym that would be greatly appreciated ☺

If you have anything you would like to sell please bring it to the Gym by Aug 25th. PLEASE have it in a Zip Lock bag with your name and what Price you would like for it.

There is also a Facebook group you can join if you would like to post there to called CHEER SENSATION CLOTHING & UNIFORM SWAP

COMPETITION INFORMATION

The Gym **DOES NOT** find out the schedule for the competitions usually until 1 week before the competition and as soon as Tami gets the information she will pass it on, you will find it on.....

- Extreme Cheer Sensation Website <http://www.cheersensation.com/>
- go to **MEMBERS** tab password **sensationstrong2018**
- Tami keeps this up to date as soon as she gets the information
- Please check this before asking team mom☺

HAIR AND MAKEUP FOR ALL COMPETITIONS & PERFORMANCES

- ❖ Posted on the **Extreme Cheer Sensations Website** Under **Members** Tap Password **sensationstrong2018**

Hair

If your athlete has thin hair and it's hard to keep the bow in use an extra thick elastic before putting a bow in, and lots of hair spray☺

- **Glitter / Stars** – Half up high loose Curls
- **Chaos** – Half up high loose Curls
- **Knockouts** – Half up high loose Curls
- **Sparklers** – High Pony with straight
- **Fever** – High Pony with straight
- **Obsession** - High Pony with straight

Make up (you can buy sparkles & Glue at the Gym shop)

- Silver Glitter on main part of eyelid...below the crease
- thick black eyeliner and mascara
- Hot Pink lip stain (Walmart or Shoppers)
- Foundation and blush as needed depending on the age of the child. Most smaller ones will only let you put black eyeliner on the top lid...that's OK:) Please make sure the foundation matches the child's skin tone and since we are doing bright lips we don't really even need much blush.

Lip stain L'Oreal Fearless Fuschia 318



EYE MAKE UP



Choas & Glitter



Stars, Knockouts, Sparklers, Fever and Obsession
(Simply add a smokey eye first before applying the glitter)

*Tip put glue on eyelid, use a make brush for glitter and another makeup brush to wipe of extra 😊

HOTELS FOR COMPETITIONS

Not mandatory to stay at a hotel but extremely encouraged as it helps the athletes create bonds and memories for a life time also not mandatory to participate in the team dinner if there is one.

The Team Mom will book a Section of rooms in a hotel and it is up to you if you decided to stay in that hotel to book the room.

We recommend booking both the Friday and Saturday and cancelling which ever night you decided not to stay. This way you will have a room confirmed and won't be looking last minute for hotels if the competition schedule come out last minute and you are at 8am start 😊 (most hotel have a free cancellation fees within 48 hour notice)

*****Please remember to read ALL Emails
& if you have a Question or need Clarification
Please ask!**

HAVE A GREAT CHEER YEAR 😊

TEAM MOM'S FOR.....

Glitter...TBA in the Fall

Stars...TBA in the Fall

Chaos – Shauna (403)795-6677 sgrant_5@msn.com

Knockouts - Maureen Grant mgrant117@gmail.com

Sparklers – Nicole Still still.nikki@hotmail.com

Fever – Kim Edmonds kimberley.edmonds@gmail.com

Obsessions – Mary

OPEN LEVEL 4 TBA

SOME DATES (will also be updates under member tab on website)

- ❖ **JUNE 1st** Registration Due /Summer training fees (competitive Teams)
June 1st Booster Juice, Kernels Popcorn, Steak and Bacon Fundraisers Start
June 21st 5pm Booster Juice, Kernels Popcorn, Steak and Bacon Orders DUE Back
- ❖ **July 7** Decorate Float (place and time TBA)
July 8th Saturday COALDALE CANDY PARADE (the more athletes the better)
- ❖ **AUG 1st** Prep Team Registration DUE
Aug 1st Attendance \$50 fee Due (you will get back at the end if you follow Attendance policy see handbook)
Aug 1st \$250 Quitting (See Quitting policy see handbook) We don't take this money up front we just ask for a cc# and they give permission to charge should they quit.
Aug 21st Decorate Float for parade (place and time TBA)
Aug 22nd WHOOP UP DAY Parade Lethbridge (the more athletes the better)
Aug 29th Used Swap and Buy Tuesday @ 6-7:30pm @ the Gym
Aug 29th Bake sale fundraiser for the Gym 6-7:30pm
- ❖ **Sept 1st** Monthly Fees start (ECS is not accepting cash for monthly payments...see handbook)

Sept 11th Season Starts for all teams this week ☺

Sept 11th Booster Juice and Kernels Popcorn Fundraisers Start

Sept 15th UNIFORM/JACKET order MUST BE IN

Sept 15th Uniform and Jacket Fees Due (using the same uniform and jacket as last year so if it still fits you owe nothing☺)

Sept 17th GYM team bonding (making team signs for Competitions and t-dye t-shirts, T-shirt fee is \$20 per athlete if they would like to make one)

Sept 25th Booster Juice and Kernels Popcorn Fundraiser DUE BACK

❖ **Oct 1st** Competition Fees Due

❖ **Oct 28** Spook Ally - Carnival Fundraiser at the ECS Gym (GYM TEAM BONDING)

❖ **November 26th** 1-3pm– GYM Team Bonding (Christmas Themed)

❖ **Dec 9th 2017** Showcase at ECS

❖ **Jan 13th** Team Pics

Jan 21st 1pm-3pm GYM team bonding

Jan 28th Imagine ENMAX Competition All Teams, Indy's and Prep

❖ **Feb 3rd & 4th** ATC Calgary (All teams & Indy's) **This is a two day competition...**ALL teams will compete on both days. Judges take the scores from both days to give you your final score.

Feb 11th 1-3pm GYM team Bonding (Valentines Day Themed)

Feb 25th Cheer Challenge Red Deer (Knockouts, Sparklers, Fever, Obsession, Open Level 4)

❖ **March 11th** 1-3pm GYM Team Bonding

March 18th Stampede City Calgary (all teams & Indy's & Prep teams)

March 24th & 25th ATC Phoenix (Obsession and Fever)

❖ **April 1st** last monthly payment due

April 21st & 22nd ACE Extravaganza Edmonton (Knockouts, Sparklers, Fever & Obsession)

Not a two day comp but some teams may be scheduled on Friday and some on Saturday

❖ **May 4th** Year End Banquet

May 5th Year End Showcase